

available at www.sciencedirect.comjournal homepage: www.elsevier.com/locate/biochempharm

Isoflavone genistein and daidzein up-regulate LPS-induced inducible nitric oxide synthase activity through estrogen receptor pathway in RAW264.7 cells

Mako Nakaya *, Hirofumi Tachibana, Koji Yamada

Laboratory of Food Chemistry, Division of Applied Biological Chemistry, Department of Bioscience and Biotechnology, Faculty of Agriculture, Kyushu University, 6-10-1 Hakozaki, Higashi-ku, Fukuoka 812-8581, Japan

ARTICLE INFO

Article history:

Received 27 July 2005

Accepted 3 October 2005

Keywords:

Isoflavone

iNOS

Macrophage

Estrogen receptor

Abbreviations:

Dai, daidzein

E2, 17 β -estradiol

ELISA, enzyme-linked

immunosorbent assay

ER, estrogen receptor

FBS, fetal bovine serum

Gen, genistein

iNOS, inducible nitric oxide

synthase

L-NAME, N^G-nitro-L-arginine

methyl ester

LPS, lipopolysaccharide

PBS, phosphate buffered saline

PI3K, phosphatidylinositol 3-kinase

TNF- α , tumor necrosis factor α

ABSTRACT

Isoflavones, such as genistein and daidzein, are found in abundance in soybeans. These plant-derived substances have estrogenic activities and can bind to the estrogen receptors (ERs). In this study, we investigated that the effects of 17 β -estradiol (E2), genistein and daidzein on nitric oxide (NO) production and inducible nitric oxide synthase (iNOS) activity in RAW264.7 cells. We found that these isoflavones significantly increased lipopolysaccharide-induced NO production and iNOS expression as much as E2 at physiological concentrations. Moreover, E2 and isoflavone enhanced the production of tumor necrosis factor- α that is one of the important cytokines regarding NO production. The enhancing effects of E2 and isoflavones on NO production were markedly inhibited by not only N^G-nitro-L-arginine methyl ester (an inhibitor of NOS), but also ICI 182780 (ERs antagonist). Two types of ERs were identified as ER α and ER β . An ER α agonist could increase iNOS expression in RAW264.7 cells, while an ER β agonist could not. In conclusion, our results suggest E2, genistein and daidzein activate iNOS, and then up-regulate NO production. This enhancing effect is aroused through ER α pathway in RAW264.7 cells.

© 2005 Elsevier Inc. All rights reserved.

* Corresponding author. Tel.: +81 92 642 3007; fax: +81 92 642 3007.

E-mail address: makorenu@agr.kyushu-u.ac.jp (M. Nakaya).

0006-2952/\$ – see front matter © 2005 Elsevier Inc. All rights reserved.

doi:10.1016/j.bcp.2005.10.002

1. Introduction

Macrophage-derived nitric oxide (NO) is important for host defense and microbial killing [1,2]. NO is generated from L-arginine and molecular oxygen by the activation of NO synthase (NOS) [3]. Inducible NOS (iNOS) expression can be induced by lipopolysaccharide (LPS) and/or cytokines in a variety of cells, including macrophage, bone-marrow microglial cells and smooth muscle cells [4–6]. In addition, it has been reported that iNOS expression is regulated at multiple levels, including transcription, post-transcription, and translation [7,8].

Soybeans are particularly rich in isoflavones, such as genistein and daidzein. Because of the structural similarity to natural estrogens, they have estrogenic activities, for example, prevention of bone loss, decrease the level of low-density lipoprotein and affect thymic weight [9–11]. Moreover, the low incidence of osteoporosis in Asian women has been attributed to diet rich in isoflavones [12,13]. 17 β -Estradiol (E2) has a lot of important roles in immune system [14]. We have showed that E2 enhances IgM production by mouse splenocytes [15], and up-regulates LPS-induced interferon- γ (IFN- γ) production by activating natural killer cells [16].

Several cytokines, interleukin-1 β (IL-1 β) and tumor necrosis factor- α (TNF- α) are important for regulation of the NO production [1]. E2 mediates IL-1 β production and promoter activity [17,18]. However, it is poorly understood that the effects of E2 and isoflavones on NO production in macrophages. We were taken a variety of estrogenic compounds such as genistein and daidzein from soy foods [19,20]. Therefore, it is necessary to investigate effects of E2 and isoflavones on the immune system. In this study, we revealed the effects of E2 and isoflavones on LPS-induced NO and TNF- α production of RAW264.7 cells. In addition, the effects on iNOS activity and expression levels were investigated.

Principal functions of E2 are expressed through estrogen receptors (ERs). It is well known that there are two ER subtypes, ER α and ER β [21,22]. Genistein and daidzein have affinity for ER α and ER β [23,24]. We have shown that E2 mediates IgM production through ER α and ER β pathway [15]. In this study, we also investigated the relation between estrogens and ERs in activation of iNOS.

2. Materials and methods

2.1. Reagents

RPMI 1640 medium was derived from Nissui Pharmaceutical Co., Ltd. (Tokyo, Japan). Phenol red-free RPMI 1640 medium, E2, lipopolysaccharide (LPS), anti- β -actin polyclonal antibody and horseradish peroxidase (HRP)-conjugated anti-rabbit antibody were derived from Sigma (St. Louis, MO). Fetal bovine serum (FBS) was obtained from Biofluids (Rockville, MD). Genistein and daidzein were purchased from Fujicco (Kobe, Japan). 4,4',4''-(4-propyl-[1H]-prazole-1,3,5-triyl)trisphenol (PPT), 2,3-bis-(4-hydroxyphenyl)-propionitrile (DPN) and ICI 182780 were purchased from TOCRIS

(Bristol, UK). Block Ace was purchased from Dainihon Pharmaceutical (Osaka, Japan). An anti-iNOS polyclonal antibody was purchased from Merck (Tokyo, Japan). An anti-Akt antibody and HRP-conjugated anti-goat antibody were purchased from Santa Cruz Biotechnology, Inc. (Santa Cruz, CA). An anti-phospho-Akt was obtained from Cell signaling Technology, Inc. (Beverly, MA). An anti-mouse TNF- α antibody was obtained from Endogen (Woburn, MA). Biotinylated anti-mouse TNF- α antibody was obtained from Biosource (Camarillo, CA). HRP-conjugated anti-mouse antibody and HRP conjugated streptavidin were purchased from Zymed (San Francisco, CA). Naphthaethylenediamine dihydrochloride, sulfanilamine and Blocking one were obtained from Nacalai tesque (Kyoto, Japan). Trizol was purchased from Invitrogen (Carlsbad, CA). ECL Western detection reagents, oligo-dT20 primer, dNTP and M-MLV reverse transcriptase were purchased from Amersham Biosciences (Piscataway, NJ). RNase inhibitor was purchased from Takara Bio (Shiga, Japan).

2.2. Cell and cell culture

RAW264.7 cells were inoculated at 1×10^5 cells/ml in RPMI 1640 medium containing 5% FBS for 24 h at 37 °C in a humidified atmosphere containing 5% CO₂. And then, the medium was changed to phenol red-free RPMI 1640 containing 5% charcoal-treated FBS with E2, genistein, daidzein, ICI 182780, PPT or DPN in presence of LPS 20 ng/ml of LPS. For the preparation of whole cell lysates, cells were washed with phosphate buffered saline (PBS), and lysed in a buffer composed of 50 mM Tris-HCl (pH 7.4), 150 mM NaCl, 1% Triton X-100, 0.5 mM Sodium orthovanadate, 50 mM NaF, and 5 mM EDTA-2Na. After centrifugation at $15,000 \times g$ for 15 min at 4 °C, the supernatant was collected, and the protein concentration was determined.

2.3. Western blot analysis

Equal amount of protein (5 μ g/lane) were resolved by 8% sodium dodecyl sulfate-polyacrylamide gel electrophoresis, and transferred onto a nitrocellulose membrane (Schleicher & Schuell BioScience, Dassel, Germany). The membrane was washed with Tris-buffered saline (TBS; 10 mM Tris, 150 mM NaCl), containing 0.1% Tween20 (TBST). The membrane was blocked with Blocking one solution at 37 °C for 1 h. Following blocking, the membrane was incubated with antibodies against iNOS, Akt, phospho-Akt (1:2000) or β -actin (1:10,000), and then continuously incubated with appropriate HRP-conjugated antibodies. The bands were developed by using of the ECL Western detection reagents.

2.4. Measurement of NO

After treatment of E2, genistein or daidzein in the presence of LPS, RAW264.7 cell culture medium was saved for the measurement of nitrite, an indicator of NO production. Briefly [25], culture medium (100 μ l) was incubated with 100 μ l of Griess reagent (0.1% naphthaethylenediamine dihydrochloride, 1% sulfanilamine and 2.5% H₃PO₄). Absorbance of the mixture was then measured at 535 nm. The concentration of

nitrite was converted into sodium nitrite concentration as a standard.

2.5. Enzyme-linked immunosorbent assay

The amount of TNF- α in culture medium was measured by sandwich enzyme-linked immunosorbent assay (ELISA). An anti-mouse TNF- α antibody was used to fix TNF- α . Antibody solution diluted at 500 times by PBS was added to a 96-well plate, and incubated for 2 h at 37 °C. After washing with 0.05% Tween20-PBS (T-PBS) three times, each well was blocked with 25% Block Ace solution for 2 h at 37 °C. Following blocking reaction, each well was treated with 50 μ l of culture supernatant for 1 h at 37 °C. The well was then treated with biotinylated anti-mouse TNF- α antibody diluted at 1000 times by 10% Block Ace for 1 h at 37 °C. HRP-conjugated streptavidin solution diluted at 1000 times by 10% Block Ace solution was added to each well at 100 μ l. Then, 0.6 mg/ml of 2,2'-azino-bis(ethylbenzothiazoline-6-sulfonic acid diammonium salt) (ABTS) dissolved in 0.03% H₂O₂-0.05 M citrate buffer (pH 4.0) was added to the well at 100 μ l, and the absorbance at 405 nm was measured after the addition of 1.5% oxalic acid to terminate the coloring reaction at 100 μ l. The well was rinsed three times with T-PBS between each step.

2.6. Reverse transcription-polymerase chain reaction (RT-PCR)

RAW264.7 cells were harvested by centrifugation and washed twice in PBS. Total cellular RNA was isolated using the Trizol reagent according to the manufacturer's instructions. Ten micrograms of total RNA was denatured at 70 °C with 1 μ l oligo-dT20 primer (0.5 mg/ml) in 13.8 μ l final volume. Primers-RNA mixes were cooled on ice for 10 min, 2 μ l dNTPs (10 mM), 0.1 μ l M-MLV reverse transcriptase (20 units), 0.1 μ l RNase inhibitor (10 units) and 4 μ l 5 \times buffer were added in 20 μ l final volume. The resultant cDNA samples were subjected to 25 cycles of PCR amplification in the presence of specific sense and antisense primers. Mouse β -actin cDNA was amplified as an internal control. Each cycle consisted of denaturation at 94 °C for 1 min, annealing at 60 °C for 1 min (β -actin, iNOS and TNF- α), and DNA synthesis at 72 °C for 1 min. Sequences for the PCR primers sizes and expected amplification product sizes are as follows: for the β -actin: sense 5'-TGGGAATCCTGTGGCATC-CATGAAAC-3', and antisense 5'-TAAAACGCAGCTCAGTAA-CAGTCCG-3'; for the iNOS: sense 5'-GACAAGCTGCATGTGA-CATC-3', and antisense 5'-GCTGGTAGGTTCTGTTGTT-3'; for the TNF- α : sense 5'-TCCCCAAAGGGATGAGAAGTTC-3', and antisense 5'-TCATACCAGGGTTTGTAGCTCAG-3'. The amplified PCR products were subjected to electrophoresis on a 1.5% agarose gel.

2.7. Statistical analysis

All data were expressed as the mean \pm S.D. Statistical significance was analyzed by Student's t-test (Figs. 1A, 2, 3 and 4) or Scheffe's F-test (Fig. 6). Each value of * p < 0.05, ** p < 0.01 or *** p < 0.001 was considered to be statistically significant.

3. Results

3.1. Effects of 17 β -estradiol on NO production and iNOS expression in RAW264.7 cells

To examine the effect of E2 on NO production in RAW264.7 cells, the cells were incubated with E2 at physiological concentrations (10^{-11} to 10^{-7} M) (Fig. 1A). E2 significantly increased NO production in the medium at the concentrations as low as 10^{-10} M. The production of NO was increased in a dose-dependent manner by E2 stimulation. The maximal effect was observed at a concentration of 10^{-8} M. This observation clearly suggests that physiological concentration of E2 significantly induces the up-regulation of NO production.

To elucidate the underlying mechanisms of the regulation of NO synthesis in the macrophages by E2, we demonstrated whether E2 mediates the protein expression level of iNOS or not. As the result of that, the iNOS expression was markedly enhanced in an E2 dose-dependent fashion (Fig. 1B). The maximal iNOS expression was achieved at 10^{-8} M E2. However, the NO production and iNOS expression were not detected in the absence of LPS stimulation (data not shown).

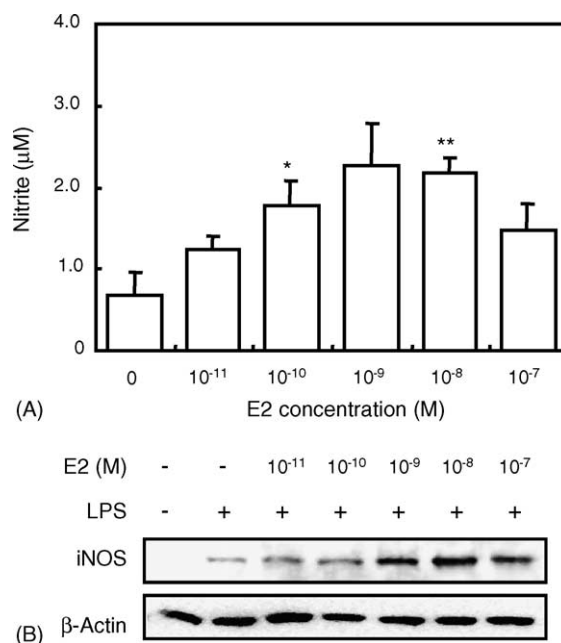


Fig. 1 – Effect of 17 β -estradiol on LPS-induced NO production and iNOS expression in RAW264.7 cells. (A) RAW264.7 cells were treated with E2 (10^{-11} to 10^{-7} M) in the presence of 20 ng/ml LPS for 24 h. NO production was determined by measuring the accumulation of nitrite in the medium. Data are mean \pm S.D. (n = 3). Data with asterisk marks are significantly different from the values in the control group at * p < 0.05 or ** p < 0.01. **(B)** RAW264.7 cells were treated with E2 (10^{-11} to 10^{-7} M) in the presence of 20 ng/ml LPS for 24 h. Whole cell lysates were prepared, and analyzed for iNOS or β -actin by Western blotting.

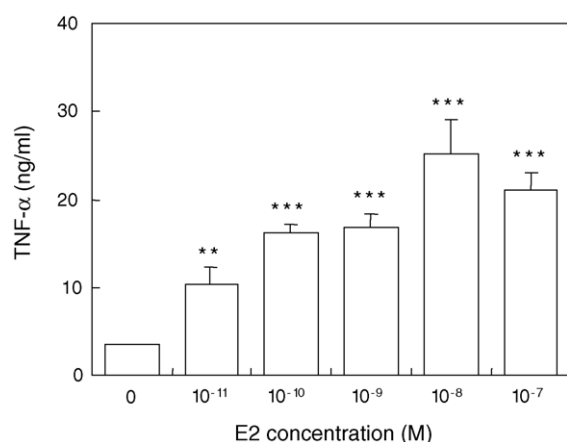


Fig. 2 – Effect of 17 β -estradiol on TNF- α production in RAW264.7 cells. RAW264.7 cells were treated with E2 (10^{-11} to 10^{-7} M) in the presence of 20 ng/ml LPS for 24 h. The level of TNF- α in culture medium was measured by ELISA. Data are mean \pm S.D. ($n = 3$). Data with asterisk marks are significantly different from the values in the control group at $^{**}p < 0.01$ or $^{***}p < 0.001$.

3.2. Effect of 17 β -estradiol on TNF- α production in RAW264.7 cells

TNF- α is one of the important cytokines and mediates the stimulation of NO production. Then, it was examined the effect of E2 on TNF- α production under the LPS stimulation. E2 significantly increased TNF- α production dose-dependently (Fig. 2). The maximal effect occurred at a concentration of 10^{-8} M, at which NO production was maximally stimulated.

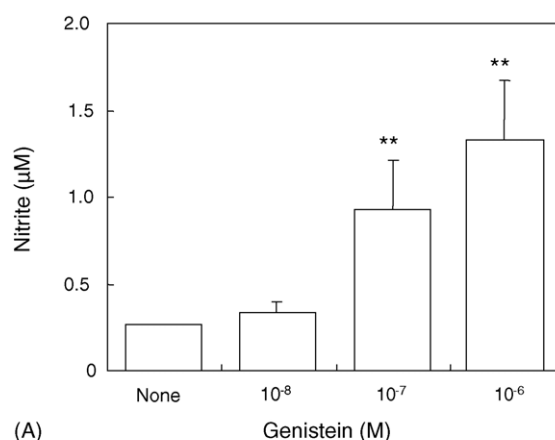
3.3. Effects of isoflavones on NO and TNF- α production in RAW264.7 cells

To examine whether soy bean isoflavones, genistein and daidzein, mediate NO production in RAW264.7 cells or not, the cells were incubated with isoflavones at the concentrations of 10^{-8} to 10^{-6} M. Genistein enhanced NO production at concentrations of 10^{-7} and 10^{-6} M, while daidzein stimulated from 10^{-8} to 10^{-6} M (Fig. 3).

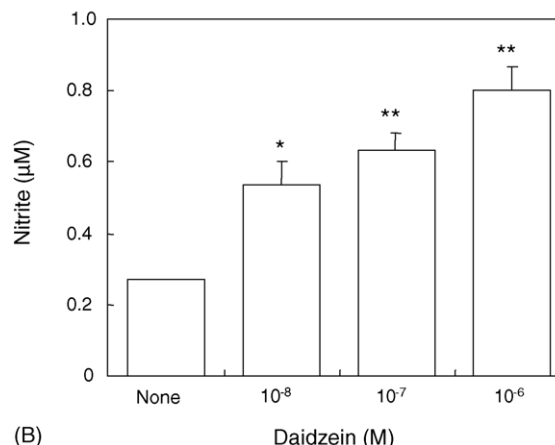
The effects of genistein and daidzein on TNF- α production in RAW264.7 cells were determined. As the result, genistein and daidzein obviously increased TNF- α production. The maximal effects of genistein and daidzein were achieved at 10^{-7} and 10^{-6} M, respectively (Fig. 4).

3.4. Effect of isoflavone on iNOS activity in RAW264.7 cells

To determine whether the NO production stimulating effects of E2, genistein and daidzein are related to iNOS activity or not, the iNOS expression level in RAW264.7 cells was investigated under the stimulation of these compounds. The cells were treated with E2 (10^{-8} M), genistein (10^{-6} M) or daidzein (10^{-6} M). These isoflavones enhanced LPS-induced iNOS expression as much as E2 in RAW264.7 cells (Fig. 5A). However, in the absence of LPS stimulation, the iNOS expression was not detected by isoflavone stimulation (data not shown).



(A)



(B)

Fig. 3 – Effect of isoflavone genistein and daidzein on LPS-induced NO production in RAW264.7 cells. RAW264.7 cells were treated with genistein or daidzein (10^{-8} to 10^{-6} M) in the presence of 20 ng/ml LPS for 24 h. NO production was determined by measuring the accumulation of nitrite in the medium. Data are mean \pm S.D. ($n = 3$). Data with asterisk marks are significantly different from the values in the control group at $^{*}p < 0.05$ or $^{**}p < 0.01$.

Moreover, the effects of E2 and isoflavones on iNOS and TNF- α mRNA expression in RAW264.7 cells was determined. None of these compounds stimulated iNOS mRNA and TNF- α mRNA expressions, even though the production levels of these proteins were increased (Fig. 5B).

L-NAME is an inhibitor of iNOS activity. The effect of L-NAME on NO production stimulated by E2, genistein or daidzein was evaluated. RAW264.7 cells were incubated with E2 or isoflavones in the presence of L-NAME. As the result, the effects of E2 and isoflavones on NO production were inhibited by L-NAME (Fig. 6).

3.5. 17 β -Estradiol and isoflavones mediate iNOS expression through estrogen receptors

It is important to investigate that the effects of E2, genistein, and daidzein on the regulation of iNOS expression are mediated by ERs. RAW264.7 cells were pretreated with ICI 182780, ER antagonist, for 30 min, and then each compound

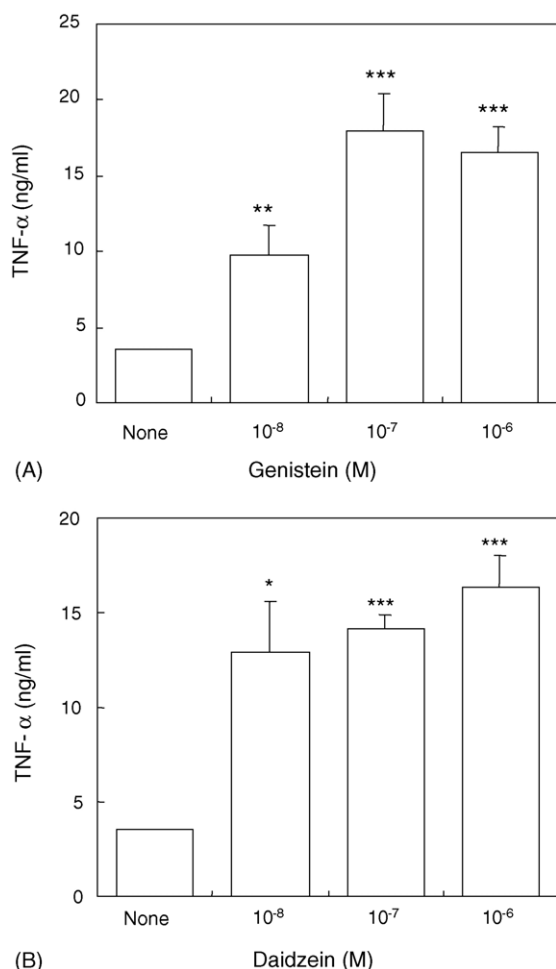


Fig. 4 – Effect of isoflavone genistein and daidzein on TNF- α production in RAW264.7 cells. RAW264.7 cells were treated with genistein and daidzein (10^{-8} to 10^{-6} M) in the presence of 20 ng/ml LPS for 24 h. The level of TNF- α in culture medium was measured by ELISA. Data are mean \pm S.D. ($n = 3$). Data with asterisk marks are significantly different from the values in the control group at * $p < 0.05$, ** $p < 0.01$ or *** $p < 0.001$.

was added to the medium. The effects of these compounds on iNOS expression were inhibited by ICI 182780 (Fig. 7A).

Two subtypes of ER were identified, i.e. ER α and ER β [21,22]. To investigate which ER subtype mediates the effects of isoflavones on LPS-induced iNOS expression, RAW264.7 cells were stimulated by ER α or ER β agonists. The cells were incubated with ER α agonist, PPT (10^{-8} to 10^{-6} M) or ER β agonist, DPN (10^{-8} to 10^{-6} M) under the LPS stimulation. PPT enhanced LPS-induced iNOS expression at 10^{-7} and 10^{-6} M as much as E2. However, DPN did not affect LPS-induced iNOS expression level (Fig. 7B).

4. Discussion

In previous study, we have demonstrated isoflavones have an estrogen like activity and mediate cytokine production by

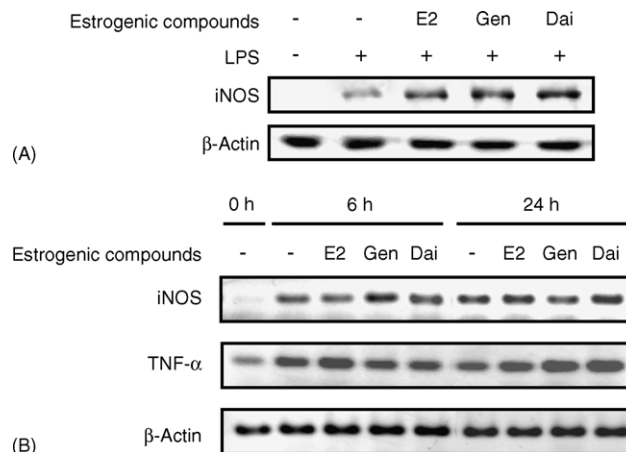


Fig. 5 – Effect of 17 β -estradiol and isoflavone on iNOS and TNF- α mRNA expression in RAW264.7 cells. (A) RAW264.7 cells were treated with E2 (10^{-8} M), genistein or daidzein (10^{-6} M) in the presence of 20 ng/ml LPS for 24 h. Whole cell lysates analyzed for iNOS or β -actin by Western blotting. (B) RAW264.7 cells were treated with E2 (10^{-8} M), genistein or daidzein (10^{-6} M) in the presence of 20 ng/ml LPS for 0, 6 and 24 h. Total RNA were prepared, and analyzed for iNOS, TNF- α or β -actin by RT-PCR.

splenocytes isolated from C57BL/6N mice [26]. Estrogens can modulate NO production from eNOS in aortic rings [27], and endothelial cells [28,29]. E2 increases iNOS mRNA expression in macrophage [30]. However, the role of isoflavones in the regulation of NO synthesis in macrophage has been poorly revealed. It is important to understand the role of isoflavones in inflammatory reaction because isoflavones could act like estrogens, and we take it from foods. TNF- α is one of the most

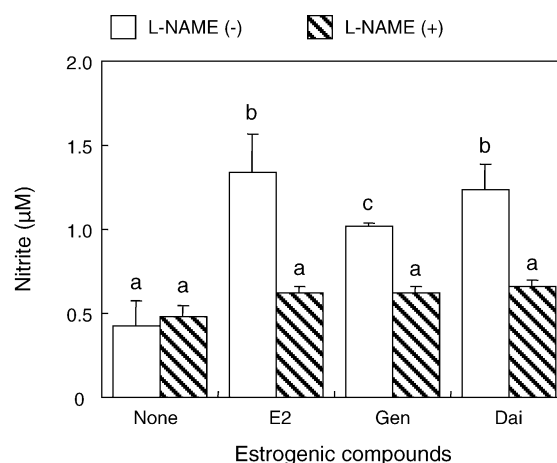


Fig. 6 – Effect of 17 β -estradiol and isoflavone on NO production in presence of NOS inhibitor. RAW264.7 cells were treated with E2 (10^{-8} M), genistein or daidzein (10^{-6} M) in the presence of L-NAME (500 μ M) and 20 ng/ml LPS for 24 h. NO production was determined by measuring the accumulation of nitrite in the medium. Data are mean \pm S.D. ($n = 3$). Letters that are different from each other denote significant difference at * $p < 0.05$.

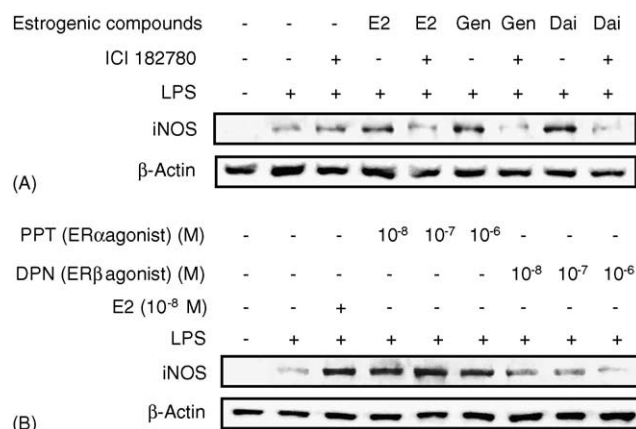


Fig. 7 – 17 β -Estradiol and isoflavone mediate LPS-induced iNOS expression through estrogen receptors in RAW264.7 cells. (A) RAW264.7 cells were incubated with E2 (10^{-8} M), genistein (10^{-6} M) or daidzein (10^{-6} M) in presence of 20 ng/ml LPS for 24 h. The cells were pretreated with ICI 182780 (10^{-6} M) for 30 min before E2, genistein or daidzein application. Whole cell lysates were prepared, and analyzed for iNOS or β -actin by Western blotting. (B) RAW264.7 cells were incubated with E2 (10^{-8} M), PPT or DPN (10^{-8} to 10^{-6} M) in presence of 20 ng/ml LPS for 24 h. Whole cell lysates were prepared, and analyzed for iNOS or β -actin by Western blotting.

important regulatory cytokines and mediates a variety of cell functions, including stimulation of NO production in oxidative stress or chronic inflammation [1,31]. In this study, it was investigated that the effect of E2 and isoflavones on NO and TNF- α production in RAW264.7 cells under the LPS stimulation.

E2 and isoflavones enhanced LPS-induced NO and TNF- α production. The maximal effect of E2 was observed at the concentration of 10^{-8} M, which is equivalent to the circulating concentration of postmenopausal women receiving hormone replacement therapy [32]. The effects of genistein and daidzein were maximized at 10^{-7} and 10^{-6} M, respectively. The concentration range is close to the circulating concentration of women taken soy-fed human infants [11]. These results suggest that both of E2 and isoflavones affect RAW264.7 cells at physiological concentration. Daidzein enhanced NO and TNF- α productions at lower concentration than genistein. Recently, it was reported that the order of efficacy was estradiol > daidzein > genistein in osteoclastic differentiation [33]. In addition, genistein is an inhibitor of TNF- α , whereas daidzein induced TNF- α production in presence of LPS/IFN- γ stimulation in RAW264.7 cells [8]. Contrary to previous report, our results indicate that both genistein and daidzein increased TNF- α production of RAW264.7 cells under the LPS stimulation. However, concentration ranges of isoflavones tested here was quite different from those reported previously (16–500 μ M).

NO is synthesized from L-arginine by iNOS in macrophages [34,35]. E2 and isoflavones increased LPS-induced iNOS expression of RAW264.7 cells. The molecular regulation of iNOS expression is primarily regulated at the transcription process [7,8]. In this study, however, the level of iNOS mRNA expression was not affected by E2 and isoflavones. The effects

of E2 and isoflavones on NO production were inhibited by iNOS inhibitor, L-NAME. These results suggest that E2, genistein and daidzein enhance NO production by activating iNOS.

According to the classical hypothesis, the cellular effects of estrogens have been considered as a transcription factors mediated by intracellular. The structures of isoflavones, such as genistein and daidzein, are similar to that of E2, therefore they can bind weakly to both ER α and ER β [36,37]. In this study, contribution of ERs for regulation of iNOS activity was examined by using an ER antagonist ICI 182780 which blocks forming ER dimer and decomposes ERs [38]. ICI 182780 inhibited the effects of E2 and isoflavones. This suggests that up-regulation of LPS-induced NO production by E2 and isoflavones is mediated through ERs pathway.

It was reported that the expression of ER β mRNA is increased by E2 exposure more than ER α mRNA expression in rat peritoneal macrophages [29]. We previously reported that E2 enhanced IgM production through both of ER α and ER β mediation in mouse splenocytes [15]. In this study, it was cleared that only ER α agonist up-regulates iNOS expression in RAW264.7 cells. This means that ER α is more important than ER β for iNOS expression, Wang et al. reported that there is an important ER β -mediated response for osteoclastic differentiation in RAW264.7 cells [33]. Our findings are consistent with that report.

Recent reports are strongly suggesting that iNOS expression is linked to activation of intracellular signaling proteins, PI3K/Akt pathway [4,39,40]. Then the effect of E2 on the activation of Akt, a well-known target of PI3K, was examined. However, E2 has no effect on activation of Akt activity (data not shown). It is now under investigation that which signaling pathways is association with the iNOS activation by E2 and isoflavones.

In conclusion, E2, genistein and daidzein up-regulated LPS-induced NO production at the physiological concentrations. This effect of E2 and isoflavones was derived from activation of iNOS. Moreover, these compounds accelerated LPS-induced iNOS expression through ER α .

REFERENCES

- [1] Moncada S, Palmer RM, Higgs EA. Nitric oxide: physiology, pathophysiology, and pharmacology. *Pharmacol Rev* 1991;43:109–42.
- [2] MacMicking J, Xie QW, Nathan C. Nitric oxide and macrophage function. *Annu Rev Immunol* 1997;15:323–50.
- [3] Nathan C. Nitric oxide synthases: roles, tolls, and controls. *Cell* 1994;78:915–8.
- [4] Jang BC, Paik HJ, Kim SP, Bae JH, Mun KC, Song DK, et al. Catalase induces the expression of inducible nitric oxide synthase through activation of NF-kappaB and PI3K signaling pathway in Raw 264.7 cells. *Biochem Pharmacol* 2004;68:2167–76.
- [5] Vegeto E, Ghisletti S, Mede C, Etteri S, Belcredito S, Maggi A. Regulation of the lipopolysaccharide signal transduction pathway by 17 β -estradiol in macrophage cells. *J Steroid Biochem Mol Biol* 2004;91:59–66.
- [6] Forstermann U, Gath I, Schwarz P, Closs EI, Kleinert H. Isoforms of nitric oxide synthase. Properties, cellular distribution, and expressional control. *Biochem Pharmacol* 1995;50:1321–32.

- [7] Nathan C, Xie QW. Regulation of biosynthesis of nitric oxide. *J Biol Chem* 1994;269:13725–8.
- [8] Wang J, Mazza G. Effect of anthocyanins and other phenolic compounds on the production of tumor necrosis factor α in LPS/IFN- γ -activated RAW264.7 macrophages. *J Agric Food Chem* 2002;50:41283–9.
- [9] Arjmandi BH, Alekel L, Hollis BW, Amin D, Stacewicz-Sapuntzakis M, Guo P, et al. Dietary soybean protein prevents bone loss in an ovariectomized rat model osteoporosis. *J Nutr* 1996;126:161–7.
- [10] Das UN. Estrogen, statins, and polyunsaturated fatty acids: similarities in their actions of endothelial benefit—is there a common link? *Nutrition* 2002;18:178–88.
- [11] Yellayi S, Nazz A, Szwedzkiowski AM, Sato T, Woods AJ, Chang J, et al. The phytoestrogen genistein induces thymic and immune changes: a human health concern? *Proc Natl Acad Sci USA* 2002;99:7616–21.
- [12] Ross PD, Norimatsu H, Davis JW, Yano K, Wasnich RD, Fujiwara S, et al. A comparison of hip fracture incidence among native Japanese, Japanese Americans, and American Caucasians. *Am J Epidemiol* 1991;133:801–9.
- [13] Fujita T, Fukase M. Comparison of osteoporosis and calcium in take between Japan and the United States. *Proc Soc Exp Biol Med* 1992;200:149–52.
- [14] Ansar AS, Penhale WJ, Talal N. Sex hormone, immune response, and autoimmune disease. Mechanisms of sex hormone action. *Am J Pathol* 1985;121:531–51.
- [15] Nakaya M, Yamasaki M, Hirofumi T, Yamada K. IgM production of lymphocytes from C57BL/6N mice was stimulated by estrogen treated splenic adherent cells. *Immunol Lett* 2005;98:225–31.
- [16] Nakaya M, Hirofumi T, Yamada K. Effect of estrogens on interferon- γ producing cell population of mouse. *Biosci Biotechnol Biochem*, in press.
- [17] Flynn A. Expression of Ia and the production of IL-1 by peritoneal exudate macrophages activated in vivo by steroids. *Life Sci* 1986;38:2445–60.
- [18] Ruh MF, Bi Y, D'Alonzo R, Bellone CJ. Effect of estrogens on IL-1 β promoter activity. *J Steroid Biochem Mol Biol* 1998;66:203–10.
- [19] Setchell KD, Zimmer-Nechemias L, Cai J, Heubi JE. Exposure of infants to phyto-oestrogens from soy-based infant formula. *Lancet* 1997;350:23–7.
- [20] Adlercreutz H, Markkanen H, Watanabe S. Plasma concentrations of phyto-oestrogens in Japanese men. *Lancet* 1993;342:1209–10.
- [21] Kuiper GG, Enmark E, Penlto-Huikko M, Nissson S, Gustafsson JA. Cloning of a novel receptor expressed in rat prostate and ovary. *Natl Acad Sci USA* 1996;93:5925–30.
- [22] Mosselman S, Polman J, Dijkema R. ER β : identification and characterization of a novel human estrogen receptor. *FEBS Lett* 1996;392:49–53.
- [23] Sugimoto E, Yamaguchi M. Stimulatory effect of genistein in osteoblastic MC3T3-E1 cells. *Biochem Pharmacol* 2000;5:515–20.
- [24] Sugimoto E, Yamaguchi M. Stimulatory effect of daidzein in osteoblastic MC3T3-E1 cells. *Biochem Pharmacol* 2000;59:471–5.
- [25] Green LC, Wagner DA, Glogowski J, Skkiper PL, Wishnok JS, Tannenbaum SR. Analysis of nitrate, nitrite, and [^{15}N] nitrite in biological fluids. *Anal Biochem* 1982;126:131–8.
- [26] Nakaya M, Yamasaki M, Miyazaki Y, Tachibana H, Yamada K. Estrogenic compounds suppressed interferon-gamma production in mouse splenocytes through direct cell-cell interaction. *In vitro Cell Dev Biol Anim* 2003;39:383–7.
- [27] Hayashi T, Fukuto JM, Ignarro LJ, Chaudhuri G. Basal release of nitric oxide from aortic rings is greater in female rabbits than in male rabbits: implications for atherosclerosis. *Proc Natl Acad Sci USA* 1992;89:11259–63.
- [28] Hayashi T, Yamada K, Esaki T, Kuzuya M, Satake S, Ishikawa T, et al. Estrogen increases endothelial nitric oxide by a receptor mediated system. *Biochem Biophys Res Commun* 1995;214:847–55.
- [29] Hishikawa K, Nakaki T, Marumo T, Suzuki H, Kato R, Saruta T. Up-regulation of nitric oxide synthase by estradiol in human aortic endothelial cell. *FEBS Lett* 1995;360:291–3.
- [30] You HJ, Kim JY, Jeong GH. 17 β -Estradiol increases inducible nitric oxide synthase expression in macrophages. *Biochem Biophys Res Commun* 2003;303:1129–34.
- [31] Akaike T, Fujii S, Kato A, Yoshitake J, Miyamoto Y, Sawa T, et al. Viral mutation accelerated by nitric oxide production during infection in vivo. *FASEB J* 2000;14:1447–54.
- [32] Roger A, Eastell R. Effect of estrogen therapy of postmenopausal women on cytokines measured in peripheral blood. *J Bone Miner Res* 1998;13:1577–86.
- [33] Palacios GV, Robinson JL, Borysenko WC, Lehmann T, Kalla ES, Blair CH. Negative regulation of RANKL-induced osteoclastic differentiation in RAW264.7 cells by estrogen and phytoestrogens. *J Biol Chem* 2005;280:13720–7.
- [34] Xie QW, Cho HJ, Calaycay J, Mumford RA, Swiderek KM, Lee TD, et al. Cloning and characterization of inducible nitric oxide synthase from mouse macrophages. *Science* 1992;256:225–8.
- [35] Alderton WK, Cooper CE, Knowles RG. Nitric oxide synthase: structure, function and inhibition. *Biochem J* 2001;357:593–615.
- [36] Kostelac D, Rechkemmer G, Briviba K. Phytoestrogens modulate binding response of estrogen receptors alpha and beta to the estrogen response element. *J Agric Food Chem* 2003;51:7632–5.
- [37] Tikkanen MJ, Adlercreutz H. Dietary soy-derived isoflavone phytoestrogens. Could they have a role in coronary heart disease prevention? *Biochem Pharmacol* 2000;60:1–5.
- [38] Parisot JP, Hu XF, Sutherland RL, Wakeling A, Zalberg JR, DeLuise M. The pure antiestrogen ICI 182780 binds to a high-affinity site distinct from estrogen receptor. *Int J Cancer* 1995;62:480–4.
- [39] Kim YH, Choi KH, Park JW, Kwon TK. LY294002 inhibits LPS-induced NO production through a inhibition of NF-kappaB activation: independent mechanism of phosphatidylinositol 3-kinase. *Immunol Lett* 2005;99:45–50.
- [40] Sheu ML, Chao KF, Sung YJ, Lin WW, Lin-Shiau SY, Liu SH. Activation of phosphoinositide 3-kinase in response to inflammation and nitric oxide leads to the up-regulation of cyclooxygenase-2 expression and subsequent cell proliferation in mesangial cells. *Cell Signal* 2000;17:975–84.